

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

What language is spoken most often at home? (qn8)																		
Percentage of students who answered something other than 'English'																		
State Average:		Total 3.3%					Female 2.7%					Male 3.6%						
By Grade:		7th 2.8%								8th 3.2%								
By Gender, Within Grade:		Female, 7th 2.5%				Male, 7th 3.1%				Female, 8th 2.5%				Male, 8th 3.7%				
Public Health District:	Aroostook 4.1%		Central 2.4%		Cumberland 5.7%		Downeast 2.1%		Mid-Coast 1.9%		Penquis 2.4%		Western 3.8%		York 2.3%			
County:	Andr 5.3%	Aroo 4.1%	Cumb 5.7%	Fran ^	Hanc 1.6%	Kenn 2.7%	Knox 2.7%	Linc 2.4%	Oxfo 2.5%	Peno 2.4%	Pisc 2.4%	Saga 1.7%	Some 1.9%	Wald 1.2%	Wash 3.0%	York 2.3%		

When you ride a bicycle, how often do you wear a helmet? (qn9)																	
Among students who ride a bicycle, the percentage of students who answered 'Never' or 'Rarely'																	
State Average:		Total 51.4%					Female 47.6%					Male 54.7%					
By Grade:		7th 46.7%								8th 55.7%							
By Gender, Within Grade:		Female, 7th 43.2%				Male, 7th 49.8%				Female, 8th 51.8%				Male, 8th 59.4%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

How often do you wear a seat belt when riding in a car? (qn10)																	
Percentage of students who answered 'Never' or 'Rarely'																	
State Average:		Total 6.9%					Female 5.6%					Male 8.0%					
By Grade:		7th 6.0%								8th 7.3%							
By Gender, Within Grade:		Female, 7th 4.4%				Male, 7th 7.2%				Female, 8th 6.1%				Male, 8th 8.3%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever ridden in a car or other vehicle driven by someone who had been drinking alcohol? (qn11)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	35.4%					35.4%					35.4%					
By Grade:	7th								8th							
	31.5%								38.8%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	30.6%				32.3%				39.9%				38.0%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	31.0%		33.8%		33.6%		32.8%		37.1%		37.3%		37.6%		36.1%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	33.9%	31.0%	33.6%	^	33.6%	31.6%	33.4%	45.6%	41.6%	37.4%	37.4%	36.2%	36.9%	31.2%	31.7%	36.1%

Have you ever ridden in a car or other vehicle driven by someone who had been taking illegal drugs such as marijuana? (qn12)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	12.0%					11.6%					12.2%					
By Grade:	7th								8th							
	8.9%								14.6%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	8.6%				9.3%				14.5%				14.6%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	11.6%		12.4%		10.1%		15.9%		11.1%		12.3%		15.5%		10.5%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	13.1%	11.6%	10.1%	^	19.7%	11.0%	9.0%	17.0%	17.8%	11.5%	17.6%	8.2%	14.7%	9.7%	11.5%	10.5%

Have you ever carried a weapon such as a gun, knife, or club? (qn13)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	35.2%					18.6%					51.2%					
By Grade:	7th								8th							
	32.7%								37.2%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	17.7%				47.6%				19.1%				54.2%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever been threatened or injured with a weapon such as a gun, knife, or club? (qn14)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	15.7%					12.0%					19.1%					
By Grade:	7th								8th							
	14.3%								16.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	10.3%				18.2%				12.9%				19.2%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Have you ever been in a physical fight? (qn15)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	46.8%					31.4%					61.5%					
By Grade:	7th								8th							
	44.8%								48.3%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	28.3%				60.8%				34.0%				61.7%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Have you ever been in a physical fight in which you were injured and had to be treated by a doctor or nurse? (qn16)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	5.9%					3.5%					8.1%					
By Grade:	7th								8th							
	5.7%								5.6%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	2.5%				8.9%				3.9%				7.2%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever been forced to have sexual contact in any way (physically or otherwise)? (qn17)																	
Percentage of students who answered 'Yes'																	
State Average:		Total					Female					Male					
		6.8%					9.1%					4.5%					
By Grade:		7th								8th							
		5.9%								7.4%							
By Gender, Within Grade:		Female, 7th				Male, 7th				Female, 8th				Male, 8th			
		6.8%				4.9%				11.1%				4.0%			
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		*		*		*		*		*		*		*		*	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Has violence in your home, or the threat of violence, ever made you want to leave your home, even just for a short while? (qn18)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	24.3%					26.0%					22.6%					
By Grade:	7th								8th							
	23.8%								24.3%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	24.2%				23.8%				27.8%				20.8%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Do you agree or disagree with the following statement: 'I have a safe neighborhood.'? (qn19)																
Percentage of students who answered 'Strongly agree' or 'Agree'																
State Average:	Total					Female					Male					
	84.9%					84.1%					85.7%					
By Grade:	7th								8th							
	84.1%								86.0%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	84.0%				84.2%				84.5%				87.5%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How often is the following statement true for you? 'I resolve conflicts without anyone getting hurt.' (qn20)																	
Percentage of students who answered 'Most of the time' or 'Always'																	
State Average:		Total 63.2%					Female 70.4%					Male 56.6%					
By Grade:		7th 63.6%								8th 63.4%							
By Gender, Within Grade:		Female, 7th 71.2%				Male, 7th 56.6%				Female, 8th 69.8%				Male, 8th 57.0%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

Do you agree or disagree with the following statement? 'I feel safe at my school.' (qn21)																	
Percentage of students who answered 'Strongly agree' or 'Agree'																	
State Average:		Total 87.5%					Female 89.3%					Male 85.8%					
By Grade:		7th 88.2%								8th 87.2%							
By Gender, Within Grade:		Female, 7th 90.4%				Male, 7th 85.9%				Female, 8th 88.5%				Male, 8th 86.1%			
Public Health District:		Aroostook 86.3%		Central 86.8%		Cumberland 88.1%		Downeast 90.2%		Mid-Coast 88.8%		Penquis 86.4%		Western 86.3%		York 87.8%	
County:		Andr 86.1%	Aroo 86.3%	Cumb 88.1%	Fran ^	Hanc 89.4%	Kenn 86.2%	Knox 90.5%	Linc 87.2%	Oxfo 86.5%	Peno 87.0%	Pisc 82.3%	Saga 89.8%	Some 87.7%	Wald 87.9%	Wash 91.4%	York 87.8%

Have you ever been bullied on school property? (qn22)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 47.0%					Female 46.9%					Male 47.1%					
By Grade:		7th 47.3%								8th 46.6%							
By Gender, Within Grade:		Female, 7th 46.1%				Male, 7th 48.5%				Female, 8th 47.5%				Male, 8th 45.7%			
Public Health District:		Aroostook 48.8%		Central 46.7%		Cumberland 45.2%		Downeast 46.9%		Mid-Coast 47.8%		Penquis 48.6%		Western 46.0%		York 48.8%	
County:		Andr 44.1%	Aroo 48.8%	Cumb 45.2%	Fran ^	Hanc 50.3%	Kenn 49.1%	Knox 44.1%	Linc 56.3%	Oxfo 48.5%	Peno 48.2%	Pisc 51.8%	Saga 47.0%	Some 43.1%	Wald 42.7%	Wash 41.3%	York 48.8%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever been bullied away from school property? (qn23)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	37.7%					38.2%					37.3%					
By Grade:	7th								8th							
	38.6%								37.0%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	36.8%				40.3%				39.4%				34.6%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

What are the chances you would be seen as cool if you defended someone who was being verbally abused at school? (qn24)																
Percentage of students who answered 'Pretty good chance' or 'Very good chance'																
State Average:	Total					Female					Male					
	25.2%					25.5%					24.9%					
By Grade:	7th								8th							
	25.3%								24.7%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	26.9%				23.6%				23.4%				26.2%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Have you ever seriously thought about killing yourself? (qn25)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 17.3%					Female 19.6%					Male 15.1%					
By Grade:		7th 15.9%								8th 18.4%							
By Gender, Within Grade:		Female, 7th 16.7%				Male, 7th 15.1%				Female, 8th 22.1%				Male, 8th 14.8%			
Public Health District:		Aroostook 15.1%		Central 18.4%		Cumberland 16.7%		Downeast 18.1%		Mid-Coast 16.7%		Penquis 17.9%		Western 18.1%		York 16.7%	
County:		Andr 17.2%	Aroo 15.1%	Cumb 16.7%	Fran ^	Hanc 18.9%	Kenn 18.3%	Knox 15.0%	Linc 19.1%	Oxfo 18.6%	Peno 18.0%	Pisc 17.4%	Saga 18.1%	Some 18.5%	Wald 14.2%	Wash 17.1%	York 16.7%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever made a plan about how you would kill yourself? (qn26)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 11.6%					Female 13.1%					Male 10.4%					
By Grade:		7th 10.6%								8th 12.4%							
By Gender, Within Grade:		Female, 7th 10.7%				Male, 7th 10.5%				Female, 8th 15.1%				Male, 8th 9.9%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

Have you ever tried to kill yourself? (qn27)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 6.8%					Female 8.0%					Male 5.6%					
By Grade:		7th 5.8%								8th 7.4%							
By Gender, Within Grade:		Female, 7th 6.0%				Male, 7th 5.6%				Female, 8th 9.7%				Male, 8th 5.4%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

Have you ever done something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose? (qn28)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 17.2%					Female 21.6%					Male 13.3%					
By Grade:		7th 14.8%								8th 19.2%							
By Gender, Within Grade:		Female, 7th 17.1%				Male, 7th 12.8%				Female, 8th 25.4%				Male, 8th 13.6%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever tried cigarette smoking, even one or two puffs? (qn42)																	
Percentage of students who answered 'Yes'																	
State Average:		Total					Female					Male					
		18.6%					17.3%					19.7%					
By Grade:		7th								8th							
		16.2%								20.5%							
By Gender, Within Grade:		Female, 7th				Male, 7th				Female, 8th				Male, 8th			
		13.5%				18.6%				20.7%				20.3%			
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		*		*		*		*		*		*		*		*	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

During the past 30 days, on how many days did you smoke cigarettes? (qn29)																	
Percentage of students who answered at least 1 day																	
State Average:		Total 5.3%					Female 4.6%					Male 5.7%					
By Grade:		7th 3.9%					8th 6.3%										
By Gender, Within Grade:		Female, 7th 2.8%			Male, 7th 4.8%			Female, 8th 6.1%			Male, 8th 6.3%						
Public Health District:		Aroostook 7.3%		Central 6.7%		Cumberland 5.2%		Downeast 3.7%		Mid-Coast 4.7%		Penquis 5.6%		Western 4.4%		York 4.9%	
County:		Andr 4.1%	Aroo 7.3%	Cumb 5.2%	Fran ^	Hanc 4.0%	Kenn 6.2%	Knox 3.1%	Linc 7.2%	Oxfo 5.1%	Peno 5.7%	Pisc 5.2%	Saga 4.6%	Some 7.4%	Wald 3.5%	Wash 3.4%	York 4.9%

How old were you when you smoked a whole cigarette for the first time? (qn32)																
Among students who have smoked a whole cigarette, the percentage of students who answered before age 11																
State Average:	Total					Female					Male					
	42.5%					36.7%					47.1%					
By Grade:	7th								8th							
	50.9%								36.3%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	48.4%				52.2%				29.1%				43.4%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	41.9%		39.8%		49.7%		38.5%		46.4%		38.6%		43.3%		37.5%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	42.0%	41.9%	49.7%	^	46.1%	39.9%	40.9%	47.3%	45.4%	38.3%	39.5%	50.2%	39.7%	42.9%	25.0%	37.5%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day? (qn43)																	
Among students who reported current cigarette use, the percentage of students who answered more than 10 cigarettes																	
State Average:		Total					Female					Male					
		21.1%					13.7%					27.0%					
By Grade:		7th					8th										
		24.3%					17.2%										
By Gender, Within Grade:		Female, 7th			Male, 7th			Female, 8th				Male, 8th					
		14.4%			31.2%			10.2%				22.6%					
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		*		*		*		*		*		*		*		*	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen? (qn31)																	
Percentage of students who answered at least 1 day																	
State Average:		Total 2.7%					Female 1.7%					Male 3.6%					
By Grade:		7th 2.2%					8th 2.9%										
By Gender, Within Grade:		Female, 7th 1.4%			Male, 7th 3.0%			Female, 8th 1.8%				Male, 8th 3.8%					
Public Health District:		Aroostook 1.3%		Central 2.8%		Cumberland 3.6%		Downeast 1.7%		Mid-Coast 3.0%		Penquis 2.7%		Western 2.2%		York 2.6%	
County:		Andr 1.9%	Aroo 1.3%	Cumb 3.6%	Fran ^	Hanc 2.0%	Kenn 2.4%	Knox 2.2%	Linc 3.1%	Oxfo 3.0%	Peno 2.8%	Pisc 1.6%	Saga 2.0%	Some 3.4%	Wald 5.0%	Wash 1.2%	York 2.6%

During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars? (qn30)																	
Percentage of students who answered at least 1 day																	
State Average:		Total 3.6%					Female 2.4%					Male 4.5%					
By Grade:		7th 2.6%					8th 4.1%										
By Gender, Within Grade:		Female, 7th 1.6%			Male, 7th 3.5%			Female, 8th 2.8%				Male, 8th 5.3%					
Public Health District:		Aroostook 3.9%		Central 4.3%		Cumberland 4.1%		Downeast 1.8%		Mid-Coast 3.0%		Penquis 3.2%		Western 3.3%		York 3.6%	
County:		Andr 3.2%	Aroo 3.9%	Cumb 4.1%	Fran ^	Hanc 1.8%	Kenn 4.3%	Knox 2.0%	Linc 3.9%	Oxfo 4.0%	Peno 3.2%	Pisc 3.1%	Saga 2.1%	Some 4.2%	Wald 3.8%	Wash 1.8%	York 3.6%

^ Results are not reported for Franklin County because weighted data are not available due to low response rates.

\* Data unavailable because the question was included on only one module.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes? (qn33)																	
Percentage of students who answered at least 1 day																	
State Average:		Total					Female					Male					
		36.6%					37.7%					35.6%					
By Grade:		7th					8th										
		34.2%					38.6%										
By Gender, Within Grade:		Female, 7th			Male, 7th			Female, 8th			Male, 8th						
		35.1%			33.4%			40.3%			37.0%						
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		40.1%		41.2%		29.1%		39.2%		36.4%		38.4%		41.3%		35.1%	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		38.9%	40.1%	29.1%	^	33.3%	36.9%	29.4%	44.8%	45.9%	36.7%	51.2%	34.7%	47.7%	34.4%	48.2%	35.1%

During this school year, were you taught in any of your classes about the dangers of tobacco use? (qn34)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	64.7%					64.3%					65.1%					
By Grade:	7th								8th							
	67.8%								61.9%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	67.5%				67.9%				61.4%				62.5%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	74.8%		59.8%		63.7%		68.7%		63.5%		65.7%		68.3%		62.1%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	64.5%	74.8%	63.7%	^	66.6%	63.4%	75.1%	52.5%	71.2%	64.2%	76.2%	67.0%	54.6%	60.5%	72.4%	62.1%

How wrong do your parents feel it would be for you to smoke cigarettes? (qn35)																	
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'																	
State Average:		Total					Female					Male					
		4.4%					4.1%					4.7%					
By Grade:		7th							8th								
		3.5%							4.9%								
By Gender, Within Grade:		Female, 7th				Male, 7th				Female, 8th				Male, 8th			
		3.4%				3.7%				4.6%				5.2%			
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		4.1%		4.7%		4.1%		3.9%		4.4%		3.9%		4.6%		5.0%	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		4.1%	4.1%	4.1%	^	4.3%	4.5%	3.6%	6.0%	4.4%	4.1%	3.4%	4.9%	4.9%	2.5%	3.1%	5.0%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day? (qn36)																	
Percentage of students who answered 'No risk' or 'Slight risk'																	
State Average:		Total 10.4%					Female 8.0%					Male 12.7%					
By Grade:		7th 10.4%					8th 10.1%										
By Gender, Within Grade:		Female, 7th 8.4%				Male, 7th 12.3%				Female, 8th 7.5%				Male, 8th 12.5%			
Public Health District:		Aroostook 9.4%		Central 11.2%		Cumberland 10.2%		Downeast 10.5%		Mid-Coast 9.4%		Penquis 10.5%		Western 11.5%		York 10.2%	
County:		Andr 10.8%	Aroo 9.4%	Cumb 10.2%	Fran ^	Hanc 9.8%	Kenn 10.1%	Knox 8.3%	Linc 10.6%	Oxfo 14.2%	Peno 10.4%	Pisc 11.6%	Saga 8.9%	Some 12.7%	Wald 9.6%	Wash 11.2%	York 10.2%

If you wanted to get some cigarettes, how easy would it be for you to get some? (qn37)																	
Percentage of students who answered 'Sort of easy' or 'Very easy'																	
State Average:		Total 36.3%					Female 34.1%					Male 38.2%					
By Grade:		7th 31.2%								8th 40.9%							
By Gender, Within Grade:		Female, 7th 28.6%				Male, 7th 33.6%				Female, 8th 39.5%				Male, 8th 42.2%			
Public Health District:		Aroostook 38.8%		Central 38.4%		Cumberland 31.8%		Downeast 38.4%		Mid-Coast 35.9%		Penquis 38.3%		Western 37.9%		York 36.6%	
County:		Andr 36.4%	Aroo 38.8%	Cumb 31.8%	Fran ^	Hanc 37.8%	Kenn 36.8%	Knox 33.3%	Linc 37.8%	Oxfo 39.1%	Peno 37.7%	Pisc 41.7%	Saga 36.4%	Some 40.8%	Wald 34.5%	Wash 39.3%	York 36.6%

Have your parents ever told you not to smoke cigarettes? (qn38)																		
Percentage of students who answered 'Yes'																		
State Average:		Total 91.9%					Female 91.8%					Male 92.1%						
By Grade:		7th 92.6%								8th 91.4%								
By Gender, Within Grade:		Female, 7th 92.6%				Male, 7th 92.6%				Female, 8th 91.0%				Male, 8th 91.7%				
Public Health District:		Aroostook 92.9%		Central 92.1%		Cumberland 91.3%		Downeast 88.9%		Mid-Coast 93.1%		Penquis 91.5%		Western 91.7%		York 92.0%		
County:		Andr 92.0%	Aroo 92.9%	Cumb 91.3%	Fran ^	Hanc 87.8%	Kenn 92.8%	Knox 93.1%	Linc 90.8%	Oxfo 90.6%	Peno 90.9%	Pisc 96.5%	Saga 94.9%	Some 91.0%	Wald 93.9%	Wash 90.8%	York 92.0%	

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

When you go to a supermarket, grocery store, convenience store or gas station mini-mart, how often do you see tobacco industry advertisements on signs or poster boards? (qn39)																		
Percentage of students who answered 'A lot'																		
State Average:		Total					Female					Male						
		51.9%					48.9%					54.7%						
By Grade:		7th					8th											
		50.4%					53.1%											
By Gender, Within Grade:		Female, 7th					Male, 7th					Female, 8th					Male, 8th	
		45.8%					55.1%					51.8%					54.1%	
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York		
		49.1%		56.4%		49.3%		45.9%		50.4%		52.2%		57.4%		49.7%		
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York	
		55.3%	49.1%	49.3%	^	43.7%	54.1%	40.0%	54.5%	60.5%	52.6%	50.3%	54.9%	59.9%	48.8%	48.9%	49.7%	

During the past 30 days, how did you usually get your own cigarettes? (qn44)																	
Among students who reported current cigarette use, the percentage of students who answered 'I bought them in a store such as a convenience store, supermarket, discount store, or gas station'																	
State Average:		Total					Female					Male					
		5.6%					3.8%					6.5%					
By Grade:		7th					8th										
		6.3%					4.8%										
By Gender, Within Grade:		Female, 7th			Male, 7th			Female, 8th			Male, 8th						
		5.2%			7.0%			3.0%			6.2%						
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		*		*		*		*		*		*		*		*	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age? (qn40)																
Among students who tried to buy cigarettes during the past 30 days, the percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	32.3%					34.0%					31.7%					
By Grade:	7th								8th							
	33.3%								32.3%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	36.1%				31.6%				32.5%				31.5%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How much do you think people risk harming themselves (physically or in other ways) if they are exposed to other people's cigarette smoke? (qn41)																		
Percentage of students who answered 'No risk' or 'Slight risk'																		
State Average:		Total					Female					Male						
		25.8%					22.6%					28.8%						
By Grade:		7th					8th											
		24.7%					26.3%											
By Gender, Within Grade:		Female, 7th					Male, 7th					Female, 8th					Male, 8th	
		21.9%					27.3%					23.2%					29.3%	
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York		
		*		*		*		*		*		*		*		*		
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York	
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*	

How many times during the past 12 months have you stopped smoking for one day or longer because you were trying to quit smoking? (qn45)																	
Among students who smoked in the past 12 months, percentage of students who answered at least 1 time																	
State Average:		Total					Female					Male					
		50.4%					53.0%					46.1%					
By Grade:		7th					8th										
		57.5%					47.4%										
By Gender, Within Grade:		Female, 7th				Male, 7th				Female, 8th				Male, 8th			
		57.1%				55.3%				52.2%				41.2%			
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		*		*		*		*		*		*		*		*	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Do you think you would be able to quit smoking cigarettes if you wanted to? (qn46)																
Among students who currently smoke, the percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	80.8%					79.4%					82.7%					
By Grade:	7th								8th							
	80.0%								82.8%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	74.9%				82.3%				82.5%				82.9%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Do you think that you will try a cigarette soon? (qn47)																		
Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'																		
State Average:		Total					Female					Male						
		25.4%					23.4%					27.0%						
By Grade:		7th					8th											
		23.3%					27.1%											
By Gender, Within Grade:		Female, 7th					Male, 7th					Female, 8th					Male, 8th	
		18.6%					27.7%					28.0%					26.0%	
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York		
		*		*		*		*		*		*		*		*		
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York	
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*	

Do you think you will smoke a cigarette at any time during the next year? (qn48)																
Percentage of students who answered 'I definitely will', 'I probably will' or 'I probably will not'																
State Average:	Total					Female					Male					
	24.6%					23.0%					25.8%					
By Grade:	7th								8th							
	21.8%								27.0%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	17.9%				25.4%				27.9%				25.9%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Think of your four best friends. How many in the past year have smoked cigarettes? (qn49)																
Percentage of students who answered at least 1 friend																
State Average:	Total					Female					Male					
	24.5%					23.9%					24.9%					
By Grade:	7th								8th							
	20.2%								28.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	18.3%				22.2%				29.4%				26.9%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

What are the chances you would be seen as cool if you smoked cigarettes? (qn50) Percentage of students who answered 'Pretty good chance' or 'Very good chance'																	
State Average:		Total 5.9%				Female 5.9%				Male 6.0%							
By Grade:		7th 5.9%								8th 5.7%							
By Gender, Within Grade:		Female, 7th 5.4%				Male, 7th 6.5%				Female, 8th 6.4%				Male, 8th 5.2%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

If one of your best friends offered you a cigarette, would you smoke it? (qn51)																
Percentage of students who answered 'Definitely yes', 'Probably yes' or 'Probably not'																
State Average:	Total					Female					Male					
	26.0%					24.2%					27.6%					
By Grade:	7th								8th							
	23.3%								28.2%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	20.2%				26.3%				27.9%				28.2%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

During this school year, did you practice ways to say NO to tobacco in any of your classes (for example, by role-playing)? (qn52)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	33.3%					32.8%					33.7%					
By Grade:	7th								8th							
	35.7%								30.7%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	35.0%				35.9%				30.2%				31.2%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During this school year, was the information you received in school helpful in making decisions about tobacco use? (qn53)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	54.4%					56.3%					52.7%					
By Grade:	7th								8th							
	59.7%								49.2%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	62.3%				56.7%				50.6%				48.4%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Has a doctor or someone in a doctor's office talked to you about the danger of tobacco use in the past 12 months? (qn54) Among students who have visited a doctor's office in the last 12 months, the percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	37.3%					38.0%					36.9%					
By Grade:	7th								8th							
	35.6%								39.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	36.9%				34.4%				38.9%				39.3%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Has a dentist or someone in a dentist's office talked to you about the danger of tobacco use in the past 12 months? (qn55)																
Among students who have visited a dentist's office in the last 12 months, the percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	22.3%					21.7%					22.9%					
By Grade:	7th								8th							
	22.8%								21.9%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	20.4%				25.2%				22.8%				20.8%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

^ Results are not reported for Franklin County because weighted data are not available due to low response rates.

\* Data unavailable because the question was included on only one module.



**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During the past 7 days, on how many days were you in the same car with someone who was smoking cigarettes? (qn56)																		
Percentage of students who answered at least 1 day																		
State Average:		Total					Female					Male						
		27.0%					26.6%					26.9%						
By Grade:		7th					8th											
		24.9%					28.6%											
By Gender, Within Grade:		Female, 7th					Male, 7th					Female, 8th					Male, 8th	
		23.2%					26.5%					29.8%					26.8%	
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York		
		*		*		*		*		*		*		*		*		
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York	
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*	

Besides yourself, does anyone who lives in your home smoke cigarettes now? (qn57)																	
Percentage of students who answered 'Yes'																	
State Average:		Total					Female					Male					
		37.8%					37.8%					37.6%					
By Grade:		7th								8th							
		36.7%								38.5%							
By Gender, Within Grade:		Female, 7th				Male, 7th				Female, 8th				Male, 8th			
		35.8%				37.7%				39.3%				37.6%			
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		*		*		*		*		*		*		*		*	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

How wrong do you think it is for someone your age to smoke cigarettes? (qn58)																
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'																
State Average:	Total					Female					Male					
	8.7%					7.1%					10.3%					
By Grade:	7th								8th							
	7.3%								9.8%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	5.0%				9.7%				9.1%				10.4%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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\* Data unavailable because the question was included on only one module.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever had a drink of alcohol other than just a few sips? (qn59)																		
Percentage of students who answered 'Yes'																		
State Average:		Total 25.4%					Female 22.5%					Male 28.1%						
By Grade:		7th 19.5%					8th 30.6%											
By Gender, Within Grade:		Female, 7th 16.0%					Male, 7th 22.9%					Female, 8th 28.9%					Male, 8th 32.4%	
Public Health District:		Aroostook 27.1%		Central 27.8%		Cumberland 21.1%		Downeast 24.8%		Mid-Coast 26.5%		Penquis 29.3%		Western 26.1%		York 24.8%		
County:		Andr 22.3%	Aroo 27.1%	Cumb 21.1%	Fran ^	Hanc 22.7%	Kenn 24.9%	Knox 20.1%	Linc 29.5%	Oxfo 30.2%	Peno 28.6%	Pisc 34.0%	Saga 26.1%	Some 32.2%	Wald 29.6%	Wash 27.7%	York 24.8%	

How old were you when you had your first drink of alcohol other than a few sips? (qn60)																
Among students who have had more than a few sips of alcohol, the percentage of students who answered before age 11																
State Average:	Total					Female					Male					
	39.0%					32.8%					43.7%					
By Grade:	7th								8th							
	48.0%								32.6%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	42.5%				52.1%				26.9%				37.4%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	38.5%		38.6%		39.4%		36.6%		45.6%		35.9%		38.0%		38.7%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	35.8%	38.5%	39.4%	^	34.4%	36.8%	43.7%	47.0%	38.3%	35.1%	40.3%	46.5%	40.6%	44.6%	40.5%	38.7%

During the past 30 days, on how many days did you have at least one drink of alcohol? (qn61)																	
Percentage of students who answered at least 1 day																	
State Average:		Total 9.8%					Female 8.9%					Male 10.5%					
By Grade:		7th 6.8%								8th 12.4%							
By Gender, Within Grade:		Female, 7th 5.4%				Male, 7th 8.2%				Female, 8th 12.3%				Male, 8th 12.3%			
Public Health District:		Aroostook 10.9%		Central 11.3%		Cumberland 8.9%		Downeast 8.3%		Mid-Coast 9.8%		Penquis 10.1%		Western 9.1%		York 10.3%	
County:		Andr 7.5%	Aroo 10.9%	Cumb 8.9%	Fran ^	Hanc 7.7%	Kenn 9.8%	Knox 6.9%	Linc 11.8%	Oxfo 10.8%	Peno 10.0%	Pisc 11.2%	Saga 10.4%	Some 13.5%	Wald 9.5%	Wash 9.5%	York 10.3%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? (qn62)																
Percentage of students who answered at least 1 day																
State Average:		Total					Female					Male				
		4.0%					3.3%					4.5%				
By Grade:		7th					8th									
		2.7%					4.9%									
By Gender, Within Grade:		Female, 7th				Male, 7th			Female, 8th			Male, 8th				
		1.9%				3.3%			4.6%			5.3%				
Public Health District:	Aroostook	Central			Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	4.2%	4.7%			4.3%		3.1%		3.6%		4.3%		3.3%		3.9%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	2.4%	4.2%	4.3%	^	2.9%	3.8%	2.7%	5.1%	4.2%	4.4%	4.2%	2.7%	6.1%	4.0%	3.6%	3.9%

During the past 30 days, how did you usually get the alcohol you drank? (qn63)																	
Among students who reported alcohol use during the past 30 days, the percentage of students who answered 'Someone gave it to me'																	
State Average:		Total					Female					Male					
		24.1%					27.1%					21.9%					
By Grade:		7th					8th										
		21.9%					26.0%										
By Gender, Within Grade:		Female, 7th			Male, 7th			Female, 8th			Male, 8th						
		23.0%			21.1%			29.5%			22.7%						
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		24.8%		24.8%		17.9%		19.7%		23.3%		29.0%		24.2%		29.2%	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		18.5%	24.8%	17.9%	^	14.9%	25.9%	10.2%	19.5%	26.9%	30.5%	19.4%	25.7%	23.6%	34.4%	27.0%	29.2%

If you wanted to get some alcohol, how easy would it be for you to get some? (qn64)																
Percentage of students who answered 'Sort of easy' or 'Very easy'																
State Average:	Total					Female					Male					
	44.3%					43.3%					45.4%					
By Grade:	7th								8th							
	37.9%								50.5%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	35.2%				40.6%				51.1%				49.9%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	41.2%		43.7%		45.2%		43.5%		45.1%		45.2%		42.8%		45.4%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	41.1%	41.2%	45.2%	^	45.3%	42.6%	43.8%	47.0%	45.2%	45.6%	41.8%	47.4%	45.3%	41.6%	40.7%	45.4%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How wrong do your parents feel it would be for you to drink alcohol regularly? (qn65)																	
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'																	
State Average:		Total					Female					Male					
		8.3%					7.1%					9.3%					
By Grade:		7th					8th										
		6.9%					9.3%										
By Gender, Within Grade:		Female, 7th				Male, 7th			Female, 8th				Male, 8th				
		5.7%				8.1%			8.2%				10.3%				
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		8.0%		8.9%		7.5%		7.1%		8.3%		8.9%		8.2%		9.0%	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		6.9%	8.0%	7.5%	^	7.4%	7.9%	6.6%	10.7%	8.8%	9.1%	8.0%	7.0%	10.4%	8.4%	6.4%	9.0%

If you drank some alcohol without your parents' permission, would you be caught by your parents? (qn66)																	
Percentage of students who answered 'Probably not' or 'Definitely not'																	
State Average:		Total 30.7%					Female 28.4%					Male 32.9%					
By Grade:		7th 25.5%								8th 35.6%							
By Gender, Within Grade:		Female, 7th 22.4%				Male, 7th 28.4%				Female, 8th 34.1%				Male, 8th 37.0%			
Public Health District:		Aroostook 26.3%		Central 31.9%		Cumberland 29.2%		Downeast 28.8%		Mid-Coast 33.1%		Penquis 31.9%		Western 30.7%		York 31.3%	
County:		Andr 29.8%	Aroo 26.3%	Cumb 29.2%	Fran ^	Hanc 28.4%	Kenn 30.2%	Knox 30.4%	Linc 33.7%	Oxfo 30.7%	Peno 32.1%	Pisc 31.0%	Saga 33.7%	Some 34.4%	Wald 34.1%	Wash 29.6%	York 31.3%

How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of alcohol nearly every day? (qn67)																	
Percentage of students who answered 'No risk' or 'Slight risk'																	
State Average:		Total 30.7%					Female 26.0%					Male 35.0%					
By Grade:		7th 28.4%								8th 32.5%							
By Gender, Within Grade:		Female, 7th 23.6%				Male, 7th 33.0%				Female, 8th 28.3%				Male, 8th 36.5%			
Public Health District:		Aroostook 27.1%		Central 32.9%		Cumberland 28.7%		Downeast 33.9%		Mid-Coast 31.6%		Penquis 32.1%		Western 30.7%		York 30.2%	
County:		Andr 29.2%	Aroo 27.1%	Cumb 28.7%	Fran ^	Hanc 32.4%	Kenn 31.6%	Knox 28.0%	Linc 35.8%	Oxfo 33.2%	Peno 32.0%	Pisc 33.2%	Saga 27.2%	Some 34.8%	Wald 35.3%	Wash 36.0%	York 30.2%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How much do you think people risk harming themselves (physically or in other ways) if they have five or more drinks of alcohol in a row once or twice a week? (qn68)																	
Percentage of students who answered 'No risk' or 'Slight risk'																	
State Average:		Total 18.7%					Female 15.6%					Male 21.5%					
By Grade:		7th 17.3%					8th 19.2%										
By Gender, Within Grade:		Female, 7th 15.1%				Male, 7th 19.6%				Female, 8th 15.8%				Male, 8th 22.4%			
Public Health District:		Aroostook 18.8%		Central 20.7%		Cumberland 15.8%		Downeast 22.1%		Mid-Coast 20.6%		Penquis 20.3%		Western 19.0%		York 17.1%	
County:		Andr 17.5%	Aroo 18.8%	Cumb 15.8%	Fran ^	Hanc 21.9%	Kenn 20.2%	Knox 14.0%	Linc 21.2%	Oxfo 21.2%	Peno 20.3%	Pisc 22.6%	Saga 19.6%	Some 21.2%	Wald 26.1%	Wash 22.6%	York 17.1%

If a kid drank some alcohol in your neighborhood, would he or she be caught by the police? (qn69)																	
Percentage of students who answered 'Probably not' or 'Definitely not'																	
State Average:		Total 65.6%					Female 65.5%					Male 65.7%					
By Grade:		7th 60.6%					8th 70.6%										
By Gender, Within Grade:		Female, 7th 59.1%				Male, 7th 62.2%			Female, 8th 71.8%				Male, 8th 69.5%				
Public Health District:		Aroostook 63.5%		Central 69.4%		Cumberland 61.3%		Downeast 56.2%		Mid-Coast 71.1%		Penquis 68.0%		Western 67.9%		York 63.3%	
County:		Andr 64.4%	Aroo 63.5%	Cumb 61.3%	Fran ^	Hanc 49.5%	Kenn 67.9%	Knox 64.2%	Linc 73.2%	Oxfo 73.4%	Peno 68.4%	Pisc 64.8%	Saga 73.2%	Some 71.7%	Wald 72.8%	Wash 65.7%	York 63.3%

What are the chances you would be seen as cool if you began drinking alcohol regularly, that is, at least once or twice a month? (qn70)																
Percentage of students who answered 'Pretty good chance' or 'Very good chance'																
State Average:	Total					Female					Male					
	8.5%					8.7%					8.4%					
By Grade:	7th								8th							
	7.7%								9.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	7.9%				7.5%				9.3%				8.9%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	9.6%		9.4%		8.0%		7.4%		8.3%		7.6%		9.7%		8.1%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	7.3%	9.6%	8.0%	^	7.1%	7.2%	6.8%	11.7%	13.3%	8.1%	4.1%	5.2%	12.6%	10.2%	8.0%	8.1%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How wrong would most adults (over 21) in your neighborhood think it is for kids your age to drink alcohol? (qn71)																	
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'																	
State Average:		Total 11.2%					Female 10.6%					Male 11.8%					
By Grade:		7th 8.9%								8th 13.2%							
By Gender, Within Grade:		Female, 7th 8.5%				Male, 7th 9.4%			Female, 8th 12.5%				Male, 8th 13.7%				
Public Health District:		Aroostook 13.0%		Central 13.6%		Cumberland 8.8%		Downeast 10.8%		Mid-Coast 12.0%		Penquis 12.2%		Western 12.3%		York 9.8%	
County:		Andr 10.8%	Aroo 13.0%	Cumb 8.8%	Fran ^	Hanc 7.9%	Kenn 12.0%	Knox 12.0%	Linc 14.2%	Oxfo 14.7%	Peno 11.8%	Pisc 15.2%	Saga 11.6%	Some 16.0%	Wald 11.0%	Wash 15.0%	York 9.8%

How wrong do you think it is for someone your age to drink alcohol regularly? (qn72)																	
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'																	
State Average:		Total 11.4%					Female 10.3%					Male 12.3%					
By Grade:		7th 8.4%								8th 14.0%							
By Gender, Within Grade:		Female, 7th 6.9%				Male, 7th 10.0%			Female, 8th 13.5%				Male, 8th 14.2%				
Public Health District:		Aroostook 11.2%		Central 14.2%		Cumberland 9.1%		Downeast 9.1%		Mid-Coast 10.7%		Penquis 12.3%		Western 12.1%		York 11.6%	
County:		Andr 11.3%	Aroo 11.2%	Cumb 9.1%	Fran ^	Hanc 8.9%	Kenn 13.2%	Knox 6.1%	Linc 12.7%	Oxfo 12.9%	Peno 12.2%	Pisc 14.1%	Saga 11.7%	Some 15.6%	Wald 10.6%	Wash 10.1%	York 11.6%

Think of your four best friends. How many in the past year have tried alcohol when their parents didn't know about it? (qn73)																
Percentage of students who answered at least 1 friend																
State Average:	Total					Female					Male					
	37.8%					39.7%					36.1%					
By Grade:	7th								8th							
	30.1%								45.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	30.3%				30.1%				48.9%				41.5%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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\* Data unavailable because the question was included on only one module.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

*Have you ever used marijuana? (qn74)*  
*Percentage of students who answered 'Yes'*

Have you ever used marijuana? (qn74)																		
Percentage of students who answered 'Yes'																		
State Average:		Total					Female					Male						
		9.3%					7.4%					11.1%						
By Grade:		7th					8th											
		6.3%					11.8%											
By Gender, Within Grade:		Female, 7th					Male, 7th					Female, 8th					Male, 8th	
		4.2%					8.4%					10.2%					13.3%	
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York		
		8.1%		11.2%		8.3%		8.3%		8.8%		10.5%		10.1%		8.6%		
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York	
		9.1%	8.1%	8.3%	^	9.1%	9.8%	8.2%	9.9%	11.0%	10.0%	13.7%	9.0%	13.3%	8.3%	7.6%	8.6%	

*How old were you when you tried marijuana for the first time? (qn75)*  
*Among students who have tried marijuana, the percentage of students who answered before age 11*

How old were you when you tried marijuana for the first time? (qn75)																		
Among students who have tried marijuana, the percentage of students who answered before age 11																		
State Average:		Total					Female					Male						
		40.6%					39.3%					41.3%						
By Grade:		7th					8th											
		49.8%					34.7%											
By Gender, Within Grade:		Female, 7th					Male, 7th					Female, 8th					Male, 8th	
		52.0%					48.2%					32.1%					36.5%	
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York		
		37.5%		39.1%		46.7%		45.6%		43.3%		34.2%		36.2%		41.6%		
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York	
		36.5%	37.5%	46.7%	^	51.8%	41.5%	39.7%	48.6%	35.9%	33.2%	39.1%	49.3%	36.0%	28.8%	28.8%	41.6%	

*During the past 30 days, how many times did you use marijuana? (qn76)*  
*Percentage of students who answered at least 1 time*

During the past 30 days, how many times did you use marijuana? (qn76)																	
Percentage of students who answered at least 1 time																	
State Average:		Total 5.9%					Female 4.5%					Male 7.1%					
By Grade:		7th 4.2%					8th 7.3%										
By Gender, Within Grade:		Female, 7th 2.8%			Male, 7th 5.5%			Female, 8th 6.0%			Male, 8th 8.3%						
Public Health District:		Aroostook 5.1%		Central 7.3%		Cumberland 6.0%		Downeast 5.1%		Mid-Coast 5.1%		Penquis 5.8%		Western 6.1%		York 5.5%	
County:		Andr 5.5%	Aroo 5.1%	Cumb 6.0%	Fran ^	Hanc 6.2%	Kenn 6.5%	Knox 5.3%	Linc 5.2%	Oxfo 6.3%	Peno 5.9%	Pisc 5.2%	Saga 5.4%	Some 8.6%	Wald 4.4%	Wash 3.5%	York 5.5%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

If you wanted to get some marijuana, how easy would it be for you to get some? (qn77)																	
Percentage of students who answered 'Sort of easy' or 'Very easy'																	
State Average:		Total 18.5%					Female 16.7%					Male 20.3%					
By Grade:		7th 13.6%					8th 23.1%										
By Gender, Within Grade:		Female, 7th 11.7%				Male, 7th 15.5%				Female, 8th 21.5%				Male, 8th 24.6%			
Public Health District:		Aroostook 15.4%		Central 21.1%		Cumberland 16.3%		Downeast 16.8%		Mid-Coast 18.2%		Penquis 19.2%		Western 20.6%		York 18.7%	
County:		Andr 18.3%	Aroo 15.4%	Cumb 16.3%	Fran ^	Hanc 16.2%	Kenn 19.4%	Knox 19.2%	Linc 17.2%	Oxfo 22.4%	Peno 18.9%	Pisc 20.4%	Saga 18.5%	Some 23.7%	Wald 18.6%	Wash 18.5%	York 18.7%

How wrong do your parents feel it would be for you to smoke marijuana? (qn78)																	
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'																	
State Average:		Total 4.6%					Female 4.2%					Male 4.9%					
By Grade:		7th 3.6%								8th 5.3%							
By Gender, Within Grade:		Female, 7th 3.1%				Male, 7th 4.1%				Female, 8th 5.0%				Male, 8th 5.4%			
Public Health District:		Aroostook 3.7%		Central 5.9%		Cumberland 4.1%		Downeast 2.9%		Mid-Coast 4.2%		Penquis 4.4%		Western 4.9%		York 5.0%	
County:		Andr 4.1%	Aroo 3.7%	Cumb 4.1%	Fran ^	Hanc 2.9%	Kenn 5.2%	Knox 4.1%	Linc 4.6%	Oxfo 5.1%	Peno 4.2%	Pisc 5.3%	Saga 2.8%	Some 7.1%	Wald 5.6%	Wash 2.9%	York 5.0%

How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana regularly? (qn79)																	
Percentage of students who answered 'No risk' or 'Slight risk'																	
State Average:		Total 16.5%					Female 13.5%					Male 19.3%					
By Grade:		7th 14.0%								8th 18.6%							
By Gender, Within Grade:		Female, 7th 11.3%				Male, 7th 16.6%				Female, 8th 15.6%				Male, 8th 21.4%			
Public Health District:		Aroostook 13.5%		Central 19.4%		Cumberland 14.8%		Downeast 15.2%		Mid-Coast 16.6%		Penquis 16.7%		Western 18.4%		York 15.9%	
County:		Andr 17.0%	Aroo 13.5%	Cumb 14.8%	Fran ^	Hanc 16.5%	Kenn 17.9%	Knox 15.3%	Linc 17.0%	Oxfo 19.4%	Peno 16.4%	Pisc 19.0%	Saga 13.7%	Some 21.6%	Wald 21.0%	Wash 13.1%	York 15.9%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana occasionally? (qn80)																		
Percentage of students who answered 'No risk' or 'Slight risk'																		
State Average:		Total 24.8%					Female 22.3%					Male 27.1%						
By Grade:		7th 20.4%					8th 28.6%											
By Gender, Within Grade:		Female, 7th 17.6%					Male, 7th 23.2%					Female, 8th 26.8%					Male, 8th 30.3%	
Public Health District:		Aroostook 20.3%		Central 28.4%		Cumberland 22.3%		Downeast 26.4%		Mid-Coast 26.1%		Penquis 24.3%		Western 27.2%		York 22.9%		
County:		Andr 27.0%	Aroo 20.3%	Cumb 22.3%	Fran ^	Hanc 30.6%	Kenn 26.9%	Knox 23.1%	Linc 27.2%	Oxfo 28.9%	Peno 24.5%	Pisc 20.6%	Saga 22.8%	Some 30.5%	Wald 32.5%	Wash 21.8%	York 22.9%	

What are the chances you would be seen as cool if you smoked marijuana? (qn81)																	
Percentage of students who answered 'Pretty good chance' or 'Very good chance'																	
State Average:		Total 9.7%					Female 9.0%					Male 10.4%					
By Grade:		7th 8.7%					8th 10.5%										
By Gender, Within Grade:		Female, 7th 8.1%			Male, 7th 9.4%			Female, 8th 9.9%			Male, 8th 10.9%						
Public Health District:		Aroostook 10.0%		Central 10.1%		Cumberland 8.8%		Downeast 7.2%		Mid-Coast 11.1%		Penquis 8.7%		Western 11.5%		York 9.1%	
County:		Andr 8.9%	Aroo 10.0%	Cumb 8.8%	Fran ^	Hanc 6.7%	Kenn 8.7%	Knox 8.5%	Linc 15.7%	Oxfo 15.4%	Peno 9.3%	Pisc 4.9%	Saga 8.3%	Some 12.5%	Wald 12.2%	Wash 8.2%	York 9.1%

How wrong would most adults (over 21) in your neighborhood think it is for kids your age to use marijuana? (qn82)																		
Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'																		
State Average:		Total 6.9%					Female 6.5%					Male 7.1%						
By Grade:		7th 5.5%					8th 7.9%											
By Gender, Within Grade:		Female, 7th 4.9%					Male, 7th 6.1%					Female, 8th 7.9%					Male, 8th 7.8%	
Public Health District:		Aroostook 5.9%		Central 8.0%		Cumberland 5.3%		Downeast 5.9%		Mid-Coast 7.5%		Penquis 7.2%		Western 8.6%		York 6.4%		
County:		Andr 7.9%	Aroo 5.9%	Cumb 5.3%	Fran ^	Hanc 5.5%	Kenn 6.1%	Knox 6.0%	Linc 10.9%	Oxfo 9.1%	Peno 6.7%	Pisc 11.0%	Saga 6.6%	Some 10.9%	Wald 6.6%	Wash 7.2%	York 6.4%	

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

If a kid smoked marijuana in your neighborhood, would he or she be caught by the police? (qn83)																	
Percentage of students who answered 'Probably not' or 'Definitely not'																	
State Average:		Total 45.2%					Female 44.9%					Male 45.5%					
By Grade:		7th 39.9%					8th 50.2%										
By Gender, Within Grade:		Female, 7th 38.8%				Male, 7th 41.1%				Female, 8th 50.6%				Male, 8th 49.5%			
Public Health District:		Aroostook 38.9%		Central 52.5%		Cumberland 39.0%		Downeast 38.3%		Mid-Coast 50.5%		Penquis 45.0%		Western 48.0%		York 44.6%	
County:		Andr 44.4%	Aroo 38.9%	Cumb 39.0%	Fran ^	Hanc 36.7%	Kenn 48.0%	Knox 47.5%	Linc 54.5%	Oxfo 53.4%	Peno 44.5%	Pisc 46.8%	Saga 48.0%	Some 59.7%	Wald 52.3%	Wash 41.2%	York 44.6%

How wrong do you think it is for someone your age to smoke marijuana? (qn84) Percentage of students who answered 'A little bit wrong' or 'Not wrong at all'																	
State Average:		Total 9.9%					Female 8.8%					Male 11.0%					
By Grade:		7th 7.0%								8th 12.5%							
By Gender, Within Grade:		Female, 7th 5.7%				Male, 7th 8.4%				Female, 8th 11.8%				Male, 8th 13.3%			
Public Health District:		Aroostook 8.6%		Central 12.2%		Cumberland 8.0%		Downeast 8.7%		Mid-Coast 10.4%		Penquis 8.8%		Western 10.8%		York 10.7%	
County:		Andr 10.9%	Aroo 8.6%	Cumb 8.0%	Fran ^	Hanc 12.0%	Kenn 10.5%	Knox 5.5%	Linc 15.3%	Oxfo 11.0%	Peno 8.9%	Pisc 8.6%	Saga 8.2%	Some 14.8%	Wald 12.2%	Wash 5.2%	York 10.7%

Think of your four best friends. How many in the past year have used marijuana? (qn85)																
Percentage of students who answered at least 1 friend																
State Average:	Total					Female					Male					
	25.1%					24.4%					25.8%					
By Grade:	7th								8th							
	18.8%								30.8%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	17.9%				19.9%				30.7%				30.8%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? (qn86)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 12.8%					Female 12.5%					Male 13.0%					
By Grade:		7th 12.6%					8th 12.7%										
By Gender, Within Grade:		Female, 7th 11.6%				Male, 7th 13.5%				Female, 8th 13.1%				Male, 8th 12.2%			
Public Health District:		Aroostook 13.0%		Central 13.7%		Cumberland 12.0%		Downeast 9.9%		Mid-Coast 13.0%		Penquis 13.2%		Western 13.5%		York 13.0%	
County:		Andr 13.3%	Aroo 13.0%	Cumb 12.0%	Fran ^	Hanc 10.0%	Kenn 12.8%	Knox 12.7%	Linc 15.3%	Oxfo 14.3%	Peno 13.6%	Pisc 10.3%	Saga 12.8%	Some 15.0%	Wald 10.9%	Wash 10.2%	York 13.0%

During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high? (qn91)																	
Percentage of students who answered at least 1 time																	
State Average:		Total 7.5%					Female 7.1%					Male 7.7%					
By Grade:		7th 7.1%					8th 7.5%										
By Gender, Within Grade:		Female, 7th 6.2%				Male, 7th 8.0%				Female, 8th 7.9%				Male, 8th 6.9%			
Public Health District:		Aroostook 7.3%		Central 8.6%		Cumberland 6.9%		Downeast 8.6%		Mid-Coast 7.7%		Penquis 7.7%		Western 7.1%		York 7.5%	
County:		Andr 6.4%	Aroo 7.3%	Cumb 6.9%	Fran ^	Hanc 13.3%	Kenn 7.3%	Knox 6.0%	Linc 9.5%	Oxfo 8.6%	Peno 7.4%	Pisc 9.5%	Saga 8.5%	Some 10.5%	Wald 6.6%	Wash 3.0%	York 7.5%

Have you ever taken a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) without a doctor's prescription? (qn87)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 9.1%					Female 8.4%					Male 9.7%					
By Grade:		7th 8.1%								8th 9.8%							
By Gender, Within Grade:		Female, 7th 7.0%				Male, 7th 9.1%				Female, 8th 9.6%				Male, 8th 10.1%			
Public Health District:		Aroostook 7.4%		Central 9.9%		Cumberland 8.5%		Downeast 7.8%		Mid-Coast 8.7%		Penquis 9.5%		Western 9.3%		York 10.0%	
County:		Andr 9.2%	Aroo 7.4%	Cumb 8.5%	Fran ^	Hanc 8.8%	Kenn 8.8%	Knox 7.8%	Linc 9.7%	Oxfo 9.2%	Peno 9.3%	Pisc 10.9%	Saga 8.9%	Some 11.5%	Wald 8.6%	Wash 6.3%	York 10.0%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During the past 30 days, how many times did you take a prescription drug (such as OxyContin, Percocet, Vicodin, Adderall, Ritalin, or Xanax) not prescribed for you by a doctor? (qn88)																	
Percentage of students who answered at least 1 time																	
State Average:		Total 4.8%					Female 4.3%					Male 5.1%					
By Grade:		7th 3.9%					8th 5.3%										
By Gender, Within Grade:		Female, 7th 3.3%			Male, 7th 4.5%			Female, 8th 5.2%				Male, 8th 5.4%					
Public Health District:		Aroostook 3.8%		Central 5.4%		Cumberland 4.7%		Downeast 4.2%		Mid-Coast 4.3%		Penquis 5.0%		Western 4.4%		York 5.3%	
County:		Andr 4.1%	Aroo 3.8%	Cumb 4.7%	Fran ^	Hanc 5.2%	Kenn 4.8%	Knox 2.9%	Linc 6.7%	Oxfo 4.8%	Peno 4.9%	Pisc 5.8%	Saga 4.2%	Some 6.3%	Wald 3.2%	Wash 2.6%	York 5.3%

During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use? (qn89)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 42.1%					Female 42.3%					Male 42.0%					
By Grade:		7th 43.7%								8th 40.7%							
By Gender, Within Grade:		Female, 7th 44.0%				Male, 7th 43.5%				Female, 8th 40.7%				Male, 8th 40.7%			
Public Health District:		Aroostook 42.6%		Central 41.3%		Cumberland 46.2%		Downeast 41.9%		Mid-Coast 40.7%		Penquis 40.7%		Western 40.5%		York 40.4%	
County:		Andr 39.9%	Aroo 42.6%	Cumb 46.2%	Fran ^	Hanc 42.7%	Kenn 43.0%	Knox 44.3%	Linc 39.0%	Oxfo 40.5%	Peno 40.1%	Pisc 44.9%	Saga 39.2%	Some 38.8%	Wald 41.6%	Wash 40.8%	York 40.4%

Do you agree or disagree with the following statement? 'My family has clear rules about alcohol and drug use.' (qn90)																	
Percentage of students who answered 'Strongly agree' or 'Agree'																	
State Average:		Total 89.4%					Female 89.2%					Male 89.9%					
By Grade:		7th 91.2%								8th 88.2%							
By Gender, Within Grade:		Female, 7th 91.3%				Male, 7th 91.1%				Female, 8th 87.4%				Male, 8th 89.3%			
Public Health District:		Aroostook 91.7%		Central 87.7%		Cumberland 90.5%		Downeast 90.2%		Mid-Coast 89.4%		Penquis 90.5%		Western 88.9%		York 88.4%	
County:		Andr 89.9%	Aroo 91.7%	Cumb 90.5%	Fran ^	Hanc 87.1%	Kenn 87.8%	Knox 88.8%	Linc 86.0%	Oxfo 89.5%	Peno 91.3%	Pisc 84.9%	Saga 90.4%	Some 87.6%	Wald 91.8%	Wash 94.0%	York 88.4%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

About how many adults (over 21) have you known personally who in the past year have gotten drunk or high? (qn92)																
Percentage of students who answered at least 1 adult																
State Average:		Total					Female					Male				
		58.3%					59.7%					57.1%				
By Grade:		7th					8th									
		54.1%					62.3%									
By Gender, Within Grade:		Female, 7th				Male, 7th			Female, 8th				Male, 8th			
		54.0%				54.4%			65.2%				59.6%			
Public Health District:	Aroostook	Central			Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	55.3%	59.3%			55.1%		60.3%		60.6%		59.6%		61.4%		56.1%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	59.8%	55.3%	55.1%	^	58.4%	56.5%	55.9%	69.9%	62.9%	59.7%	58.5%	57.8%	63.5%	59.0%	62.9%	56.1%

During the past 12 months, do you recall hearing, reading or watching an advertisement about the prevention of substance use? (qn93)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	60.1%					58.5%					61.8%					
By Grade:	7th								8th							
	56.1%								64.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	53.9%				58.5%				63.2%				65.0%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	58.4%		56.7%		65.8%		56.9%		60.8%		60.7%		55.1%		59.9%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	57.6%	58.4%	65.8%	^	55.4%	59.3%	61.2%	60.4%	50.9%	61.6%	53.3%	62.3%	52.4%	58.6%	60.0%	59.9%

Do you agree or disagree with the following statement: 'I stay away from tobacco, alcohol, and other drugs.'? (qn94)																
Percentage of students who answered 'Strongly agree' or 'Agree'																
State Average:	Total					Female					Male					
	88.5%					88.7%					88.5%					
By Grade:	7th								8th							
	91.3%								86.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	92.3%				90.3%				85.3%				87.0%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	87.2%		86.1%		90.6%		90.9%		89.8%		87.2%		87.9%		88.3%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	89.4%	87.2%	90.6%	^	89.0%	88.1%	93.9%	84.7%	84.8%	87.5%	85.4%	89.3%	83.0%	92.2%	92.9%	88.3%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How much do you think people risk harming themselves (physically or in other ways) if they take prescription drugs that are not prescribed to them? (qn95)																	
Percentage of students who answered 'No risk' or 'Slight risk'																	
State Average:		Total					Female					Male					
		12.9%					10.9%					14.7%					
By Grade:		7th					8th										
		12.0%					13.3%										
By Gender, Within Grade:		Female, 7th				Male, 7th			Female, 8th				Male, 8th				
		10.3%				13.7%			11.4%				15.1%				
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		10.9%		14.2%		10.9%		15.8%		14.3%		12.0%		14.7%		12.8%	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		13.8%	10.9%	10.9%	^	20.2%	15.3%	13.1%	15.9%	17.8%	12.2%	10.1%	15.1%	12.3%	13.3%	9.8%	12.8%

How many times in the past year (12 months) have you been drunk or high at school? (qn96)																
Percentage of students who answered at least 1 time																
State Average:	Total					Female					Male					
	9.4%					8.3%					10.5%					
By Grade:	7th								8th							
	7.5%								10.8%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	6.6%				8.5%				9.7%				11.9%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Has anyone offered, sold, or given you an illegal drug on school property? (qn97)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	11.7%					10.0%					13.4%					
By Grade:	7th								8th							
	8.9%								13.9%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	7.6%				10.3%				12.2%				15.8%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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\* Data unavailable because the question was included on only one module.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

About how many adults (over 21) have you known personally who in the past year have used marijuana, crack, cocaine, or other drugs? (qn98)																		
Percentage of students who answered at least 1 adult																		
State Average:		Total 28.7%					Female 30.3%					Male 27.1%						
By Grade:		7th 24.0%					8th 32.9%											
By Gender, Within Grade:		Female, 7th 25.0%					Male, 7th 23.3%					Female, 8th 35.6%					Male, 8th 30.1%	
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *		
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *	

About how many adults (over 21) have you known personally who in the past year have sold or dealt drugs? (qn99)																
Percentage of students who answered at least 1 adult																
State Average:	Total					Female					Male					
	18.4%					19.1%					17.7%					
By Grade:	7th								8th							
	16.2%								20.5%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	16.2%				16.2%				21.9%				19.1%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Have you ever had sexual intercourse? (qn100)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	13.9%					10.5%					17.2%					
By Grade:	7th								8th							
	11.1%								16.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	7.8%				14.5%				12.8%				19.1%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	13.4%		15.0%		13.8%		11.7%		12.2%		14.3%		14.4%		14.4%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	13.6%	13.4%	13.8%	^	11.3%	14.4%	8.4%	15.6%	14.9%	14.8%	10.0%	10.1%	15.9%	14.4%	12.1%	14.4%

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\* Data unavailable because the question was included on only one module.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How old were you when you had sexual intercourse for the first time? (qn102)																		
Percentage of students who answered before age 11																		
State Average:		Total 3.3%					Female 2.4%					Male 4.2%						
By Grade:		7th 3.3%								8th 2.9%								
By Gender, Within Grade:		Female, 7th 2.5%				Male, 7th 4.3%				Female, 8th 2.0%				Male, 8th 3.9%				
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *		
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *	

With how many people have you ever had sexual intercourse? (qn103)																
Percentage of students who answered at least 3 people																
State Average:	Total					Female					Male					
	4.7%					2.6%					6.7%					
By Grade:	7th								8th							
	3.9%								4.7%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	2.5%				5.4%				2.4%				7.1%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

The last time you had sexual intercourse, did you or your partner use a condom? (qn101)																
Among students who ever had sexual intercourse, the percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	70.0%					69.2%					70.7%					
By Grade:	7th								8th							
	67.1%								72.6%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	65.9%				67.5%				72.1%				72.9%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	71.3%		69.6%		67.4%		74.0%		79.3%		63.9%		71.9%		69.9%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	68.9%	71.3%	67.4%	^	94.2%	72.6%	81.0%	79.7%	70.4%	63.3%	69.5%	91.5%	65.6%	63.2%	45.4%	69.9%

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\* Data unavailable because the question was included on only one module.



**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever had oral sex? (qn104)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	14.0%					11.6%					15.9%					
By Grade:	7th								8th							
	10.5%								17.2%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	8.1%				12.8%				15.0%				18.8%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Have you talked with your parent(s) and/or guardian(s) about sex in the past 6 months? (qn105)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 41.9%					Female 45.4%					Male 38.6%					
By Grade:		7th 40.1%								8th 43.7%							
By Gender, Within Grade:		Female, 7th 42.7%				Male, 7th 37.8%				Female, 8th 48.0%				Male, 8th 39.4%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

Do your parents have rules about dating (such as how old you must be before you date or where and when you spend time with a boyfriend/girlfriend)? (qn106)																
Percentage of students who answered 'Yes'																
State Average:	Total 33.9%					Female 45.7%					Male 22.6%					
By Grade:	7th 36.6%								8th 31.5%							
By Gender, Within Grade:	Female, 7th 48.1%				Male, 7th 25.2%				Female, 8th 43.2%				Male, 8th 20.2%			
Public Health District:	Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:	Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever been taught about AIDS or HIV infection in school? (qn107)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 72.4%					Female 70.2%					Male 74.6%					
By Grade:		7th 63.1%								8th 81.4%							
By Gender, Within Grade:		Female, 7th 60.9%				Male, 7th 65.1%				Female, 8th 79.4%				Male, 8th 83.3%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

How do you describe your weight? (qn108)																	
Percentage of students who answered 'Slightly overweight' or 'Very overweight'																	
State Average:		Total 27.2%					Female 29.3%					Male 25.0%					
By Grade:		7th 26.5%								8th 27.6%							
By Gender, Within Grade:		Female, 7th 28.5%				Male, 7th 24.4%				Female, 8th 29.9%				Male, 8th 25.4%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

Which of the following are you trying to do about your weight? (qn109)																	
Percentage of students who answered 'Lose weight'																	
State Average:		Total 44.1%					Female 52.7%					Male 35.8%					
By Grade:		7th 42.8%								8th 45.5%							
By Gender, Within Grade:		Female, 7th 49.1%				Male, 7th 36.5%				Female, 8th 56.5%				Male, 8th 35.0%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever exercised to lose weight or to keep from gaining weight? (qn110)																	
Percentage of students who answered 'Yes'																	
State Average:		Total					Female					Male					
		69.2%					76.0%					62.6%					
By Grade:		7th								8th							
		67.9%								70.7%							
By Gender, Within Grade:		Female, 7th				Male, 7th				Female, 8th				Male, 8th			
		72.9%				62.8%				79.6%				62.0%			
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		*		*		*		*		*		*		*		*	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Have you ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight? (qn111)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	43.3%					51.9%					35.0%					
By Grade:	7th								8th							
	41.4%								45.3%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	47.1%				35.4%				56.6%				34.6%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Have you ever gone without eating for 24 hours or more (also called fasting) or did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (qn112)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 12.7%					Female 15.7%					Male 9.6%					
By Grade:		7th 9.8%					8th 15.2%										
By Gender, Within Grade:		Female, 7th 11.9%			Male, 7th 7.7%			Female, 8th 19.2%				Male, 8th 11.0%					
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Have you ever vomited or taken laxatives to lose weight or to keep from gaining weight? (qn113)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 5.0%					Female 6.3%					Male 3.5%					
By Grade:		7th 3.7%								8th 6.2%							
By Gender, Within Grade:		Female, 7th 4.3%				Male, 7th 2.9%				Female, 8th 8.1%				Male, 8th 4.2%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

During the past 30 days, how many times have you had an eating binge? (qn114)																	
Percentage of students who answered at least 1 time																	
State Average:		Total 19.0%					Female 19.0%					Male 18.8%					
By Grade:		7th 18.1%								8th 19.5%							
By Gender, Within Grade:		Female, 7th 18.5%				Male, 7th 17.5%				Female, 8th 19.4%				Male, 8th 19.5%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.) (qn115)																	
Percentage of students who answered at least once in the past week																	
State Average:		Total 77.7%					Female 79.4%					Male 76.1%					
By Grade:		7th 77.3%								8th 78.2%							
By Gender, Within Grade:		Female, 7th 78.8%				Male, 7th 75.8%				Female, 8th 80.2%				Male, 8th 76.3%			
Public Health District:		Aroostook 76.7%		Central 75.2%		Cumberland 80.7%		Downeast 75.5%		Mid-Coast 78.7%		Penquis 74.7%		Western 76.7%		York 78.8%	
County:		Andr 75.7%	Aroo 76.7%	Cumb 80.7%	Fran ^	Hanc 74.0%	Kenn 77.5%	Knox 84.0%	Linc 76.2%	Oxfo 77.4%	Peno 75.3%	Pisc 69.9%	Saga 79.9%	Some 71.8%	Wald 75.2%	Wash 77.7%	York 78.8%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.) (qn116)																
Percentage of students who answered at least once in the past week																
State Average:		Total					Female					Male				
		88.9%					91.3%					86.7%				
By Grade:		7th					8th									
		88.8%					89.3%									
By Gender, Within Grade:		Female, 7th			Male, 7th			Female, 8th			Male, 8th					
		91.3%			86.4%			91.5%			87.2%					
Public Health District:	Aroostook	Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York		
	88.8%	87.3%		90.3%		89.1%		89.7%		87.6%		87.8%		89.8%		
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	88.2%	88.8%	90.3%	^	91.3%	88.4%	89.6%	89.1%	86.4%	88.3%	82.0%	92.0%	85.7%	87.6%	86.3%	89.8%

During the past 7 days, how many times did you eat vegetables, such as carrots, green salad, corn, or green beans, but not including French fries or other fried potatoes? (qn117)																	
Percentage of students who answered at least once in the past week																	
State Average:		Total					Female					Male					
		92.7%					94.9%					90.7%					
By Grade:		7th					8th										
		92.8%					92.9%										
By Gender, Within Grade:		Female, 7th			Male, 7th			Female, 8th			Male, 8th						
		95.0%			90.8%			95.0%			90.8%						
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		93.8%		91.6%		93.0%		92.6%		93.1%		93.4%		91.9%		93.0%	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		92.3%	93.8%	93.0%	^	93.6%	90.8%	93.9%	92.6%	91.6%	93.6%	92.1%	95.2%	92.7%	90.3%	91.0%	93.0%

During the past 7 days, how many bottles, cans or glasses of soda, sports drinks, Kool-Aid, or sweetened ice tea did you drink? (Do not include diet drinks.) (qn118)																	
Percentage of students who answered at least once in the past week																	
State Average:		Total					Female					Male					
		84.5%					82.5%					86.5%					
By Grade:		7th					8th										
		83.7%					85.3%										
By Gender, Within Grade:		Female, 7th			Male, 7th			Female, 8th			Male, 8th						
		81.3%			86.3%			83.9%			86.7%						
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		86.8%		85.0%		81.8%		84.6%		83.5%		87.1%		86.0%		84.3%	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		86.4%	86.8%	81.8%	^	82.4%	84.0%	83.7%	85.3%	87.5%	87.7%	82.3%	82.1%	86.6%	83.3%	88.0%	84.3%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half-pint of milk served at school as equal to one glass.)																		
Percentage of students who answered three or more glasses per day																		
State Average:		Total 25.3%					Female 21.6%					Male 29.0%						
By Grade:		7th 26.7%					8th 23.7%											
By Gender, Within Grade:		Female, 7th 23.3%					Male, 7th 30.3%					Female, 8th 20.0%					Male, 8th 27.5%	
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *		
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *	

During the past 7 days, how many meals did you eat with your family? (qn120)																
Percentage of students who answered at least 7 meals																
State Average:	Total 53.3%					Female 51.1%					Male 55.4%					
By Grade:	7th 55.1%								8th 51.8%							
By Gender, Within Grade:	Female, 7th 53.9%				Male, 7th 56.1%				Female, 8th 48.1%				Male, 8th 55.3%			
Public Health District:	Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:	Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all of the time you spend in any physical activity that increases your heart rate and makes Percentage of students who answered at least 5 days																	
State Average:		Total 47.7%					Female 43.5%					Male 51.7%					
By Grade:		7th 48.1%								8th 47.1%							
By Gender, Within Grade:		Female, 7th 44.2%				Male, 7th 52.1%				Female, 8th 43.0%				Male, 8th 51.2%			
Public Health District:		Aroostook 48.9%		Central 46.5%		Cumberland 51.2%		Downeast 46.7%		Mid-Coast 50.3%		Penquis 49.5%		Western 45.6%		York 42.6%	
County:		Andr 43.2%	Aroo 48.9%	Cumb 51.2%	Fran ^	Hanc 47.4%	Kenn 47.2%	Knox 50.6%	Linc 53.1%	Oxfo 46.9%	Peno 50.3%	Pisc 42.5%	Saga 47.1%	Some 45.5%	Wald 50.7%	Wash 45.4%	York 42.6%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Other than at school, during an average week how many days are you physically active? (Include any community-based sports teams or individual activities such as running, walking, skateboarding, bicycling, and Percentage of students who answered at least 1 day																		
State Average:		Total 91.0%					Female 91.5%					Male 90.5%						
By Grade:		7th 91.7%					8th 90.4%											
By Gender, Within Grade:		Female, 7th 92.9%					Male, 7th 90.7%					Female, 8th 90.5%					Male, 8th 90.4%	
Public Health District:	Aroostook 91.8%	Central 89.9%			Cumberland 91.8%		Downeast 94.4%		Mid-Coast 90.6%		Penquis 89.2%		Western 90.4%		York 91.5%			
County:	Andr 88.2%	Aroo 91.8%	Cumb 91.8%	Fran ^	Hanc 94.2%	Kenn 90.8%	Knox 89.9%	Linc 91.9%	Oxfo 91.9%	Peno 89.5%	Pisc 86.4%	Saga 94.5%	Some 88.6%	Wald 84.4%	Wash 95.3%	York 91.5%		

On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, Percentage of students who answered at least 3 days																	
State Average:		Total 66.0%					Female 62.9%					Male 68.7%					
By Grade:		7th 67.1%								8th 64.9%							
By Gender, Within Grade:		Female, 7th 64.6%				Male, 7th 69.5%				Female, 8th 61.3%				Male, 8th 68.1%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower or Percentage of students who answered at least 5 days																	
State Average:		Total 26.5%					Female 23.6%					Male 29.2%					
By Grade:		7th 26.4%								8th 26.8%							
By Gender, Within Grade:		Female, 7th 23.1%				Male, 7th 29.4%				Female, 8th 24.3%				Male, 8th 29.2%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

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\* Data unavailable because the question was included on only one module.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

On an average school day, how many hours do you watch TV? (qn125)																
Percentage of students who answered at least 3 hours																
State Average:	Total					Female					Male					
	30.7%					27.2%					34.2%					
By Grade:	7th								8th							
	30.9%								30.9%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	26.7%				35.3%				27.7%				33.9%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Nintendo, Game Boy, PlayStation, Xbox, Percentage of students who answered at least 3 hours																	
State Average:		Total 27.5%					Female 23.6%					Male 31.6%					
By Grade:		7th 26.4%								8th 28.5%							
By Gender, Within Grade:		Female, 7th 21.6%				Male, 7th 31.4%				Female, 8th 25.5%				Male, 8th 31.6%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

In an average week when you are in school, on how many days do you go to physical education (PE) classes? (qn127)																
Percentage of students who answered at least 1 day																
State Average:	Total					Female					Male					
	81.3%					81.5%					81.3%					
By Grade:	7th								8th							
	81.1%								81.5%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	82.3%				80.3%				81.0%				82.0%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During an average physical education (PE) class, how many minutes do you spend actually exercising or playing sports? (qn128)																		
Among students who take a physical education (PE) class, the percentage of students who answered at least 20 minutes																		
State Average:		Total					Female					Male						
		87.6%					88.2%					87.2%						
By Grade:		7th					8th											
		86.9%					88.2%											
By Gender, Within Grade:		Female, 7th					Male, 7th					Female, 8th					Male, 8th	
		87.3%					87.0%					89.0%					87.5%	
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York		
		*		*		*		*		*		*		*		*		
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York	
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*	

Has a doctor or nurse ever told you that you have asthma? (qn129)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	22.5%					21.8%					23.3%					
By Grade:	7th								8th							
	22.3%								22.6%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	21.2%				23.7%				22.3%				23.1%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Do you still have asthma? (qn130)																
Among students who reported to have asthma, the percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	47.4%					49.6%					45.2%					
By Grade:	7th								8th							
	50.8%								43.7%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	51.9%				50.0%				47.5%				40.2%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

During the past 12 months, have you had an episode of asthma or an asthma attack? (qn131)																	
Among students who reported to have asthma, the percentage of students who answered 'Yes'																	
State Average:		Total 27.5%					Female 31.9%					Male 23.5%					
By Grade:		7th 28.1%							8th 27.0%								
By Gender, Within Grade:		Female, 7th 33.0%				Male, 7th 23.7%				Female, 8th 30.3%				Male, 8th 23.9%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

Has a doctor or nurse ever told you that you have diabetes? (qn132)																		
Percentage of students who answered 'Yes'																		
State Average:		Total 3.4%					Female 3.2%					Male 3.5%						
By Grade:		7th 3.0%							8th 3.7%									
By Gender, Within Grade:		Female, 7th 3.4%				Male, 7th 2.4%				Female, 8th 3.0%				Male, 8th 4.2%				
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *		
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *	

When you are outside for more than one hour on a sunny summer day, how often do you wear sunscreen with an SPF of 15 or higher? (qn133)																	
Percentage of students who answered 'Most of the time' or 'Always'																	
State Average:		Total 33.0%					Female 40.5%					Male 26.0%					
By Grade:		7th 36.7%								8th 29.6%							
By Gender, Within Grade:		Female, 7th 44.0%				Male, 7th 29.6%				Female, 8th 37.0%				Male, 8th 22.5%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

How many times did you get a sunburn this past summer (that is, how many times did exposed parts of your skin stay red for several hours after you had been out in the sun)? (qn134)																	
Percentage of students who answered at least 1 time																	
State Average:		Total 79.5%					Female 83.2%					Male 75.6%					
By Grade:		7th 78.7%								8th 80.2%							
By Gender, Within Grade:		Female, 7th 82.3%				Male, 7th 74.9%				Female, 8th 84.0%				Male, 8th 76.5%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth (do not include getting a spray-on tan)? (qn135)																
Percentage of students who answered at least 1 time																
State Average:	Total 9.2%					Female 11.3%					Male 6.7%					
By Grade:	7th 7.3%								8th 10.7%							
By Gender, Within Grade:	Female, 7th 8.1%				Male, 7th 6.3%				Female, 8th 14.3%				Male, 8th 6.9%			
Public Health District:	Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:	Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

Do you have any physical disabilities or long-term health problems lasting or expected to last 6 months or more? (qn136)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	9.7%					8.9%					10.3%					
By Grade:	7th								8th							
	8.7%								10.5%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	8.1%				9.2%				9.1%				11.4%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Do you have any long-term emotional or behavioral problems lasting or expected to last 6 months or more? (qn137)																		
Percentage of students who answered 'Yes'																		
State Average:		Total					Female					Male						
		9.6%					9.5%					9.5%						
By Grade:		7th					8th											
		9.1%					9.8%											
By Gender, Within Grade:		Female, 7th					Male, 7th					Female, 8th					Male, 8th	
		9.2%					9.0%					9.5%					9.9%	
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York		
		*		*		*		*		*		*		*		*		
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York	
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*	

Would other people consider you to have a disability or long-term health problem, including physical health or emotional or learning problems? (qn138)																	
Percentage of students who answered 'Yes'																	
State Average:		Total					Female					Male					
		10.1%					8.3%					11.7%					
By Grade:		7th					8th										
		8.6%					11.3%										
By Gender, Within Grade:		Female, 7th				Male, 7th				Female, 8th				Male, 8th			
		7.3%				9.8%				9.2%				13.0%			
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		*		*		*		*		*		*		*		*	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

Are you limited in any activities because of a disability or long-term health problem including physical health, emotional or learning problems expected to last 6 months or more? (qn139)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	5.8%					5.9%					5.4%					
By Grade:	7th								8th							
	4.9%								6.4%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	4.9%				4.9%				6.7%				5.8%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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\* Data unavailable because the question was included on only one module.

**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Where do you usually go for health care (for example, check-ups, when you are sick, etc.)? (qn140)																	
Percentage of students who answered 'Family doctor' or 'Community health center'																	
State Average:		Total 78.4%					Female 82.8%					Male 74.2%					
By Grade:		7th 78.6%								8th 78.8%							
By Gender, Within Grade:		Female, 7th 82.1%				Male, 7th 74.9%				Female, 8th 83.6%				Male, 8th 74.1%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

When was the last time you saw a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work? (qn141)																	
Percentage of students who answered 'During the past 12 months'																	
State Average:		Total 77.6%					Female 78.8%					Male 76.7%					
By Grade:		7th 77.0%								8th 78.9%							
By Gender, Within Grade:		Female, 7th 76.2%				Male, 7th 77.8%				Female, 8th 81.4%				Male, 8th 76.6%			
Public Health District:		Aroostook *		Central *		Cumberland *		Downeast *		Mid-Coast *		Penquis *		Western *		York *	
County:		Andr *	Aroo *	Cumb *	Fran ^	Hanc *	Kenn *	Knox *	Linc *	Oxfo *	Peno *	Pisc *	Saga *	Some *	Wald *	Wash *	York *

Have you ever gambled (bet) for money or possessions? (For example, at a casino, race track or online, bought lottery tickets, played cards or bet on a sports team.) (qn142)																	
Percentage of students who answered 'Yes'																	
State Average:		Total 40.1%					Female 29.2%					Male 50.6%					
By Grade:		7th 37.3%								8th 42.2%							
By Gender, Within Grade:		Female, 7th 26.4%				Male, 7th 48.2%				Female, 8th 31.6%				Male, 8th 52.6%			
Public Health District:		Aroostook 38.3%		Central 38.7%		Cumberland 39.3%		Downeast 41.2%		Mid-Coast 41.0%		Penquis 39.3%		Western 40.0%		York 43.1%	
County:		Andr 37.1%	Aroo 38.3%	Cumb 39.3%	Fran ^	Hanc 42.1%	Kenn 36.2%	Knox 38.2%	Linc 43.6%	Oxfo 44.2%	Peno 39.7%	Pisc 36.7%	Saga 42.6%	Some 42.3%	Wald 37.7%	Wash 39.9%	York 43.1%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

Do you agree or disagree that at least one of your teachers really cares and gives you help and support when you need it? (qn143)																	
Percentage of students who answered 'Strongly agree' or 'Agree'																	
State Average:		Total					Female					Male					
		75.4%					76.8%					74.1%					
By Grade:		7th					8th										
		76.0%					75.0%										
By Gender, Within Grade:		Female, 7th				Male, 7th			Female, 8th				Male, 8th				
		77.5%				74.5%			76.2%				73.7%				
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		78.3%		75.0%		74.1%		77.5%		74.5%		76.2%		76.7%		74.7%	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		79.0%	78.3%	74.1%	^	73.8%	75.2%	77.6%	71.5%	71.9%	76.2%	76.4%	73.4%	74.7%	76.7%	83.2%	74.7%

How often is the following statement true for you: 'I have a school that enforces rules fairly.'? (qn150)																
Percentage of students who answered 'Most of the time' or 'Always'																
State Average:	Total					Female					Male					
	50.0%					53.1%					46.9%					
By Grade:	7th								8th							
	53.1%								47.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	57.5%				48.8%				48.8%				45.1%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

How often does one of your parents talk with you about what you are doing in school? (qn144)																	
Percentage of students who answered 'About every day' or 'About once or twice a week'																	
State Average:		Total					Female					Male					
		84.5%					85.6%					83.4%					
By Grade:		7th								8th							
		85.5%								83.7%							
By Gender, Within Grade:		Female, 7th				Male, 7th				Female, 8th				Male, 8th			
		87.0%				83.8%				84.3%				83.2%			
Public Health District:		Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
		83.2%		82.9%		86.9%		81.9%		84.5%		84.3%		83.6%		84.6%	
County:		Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
		85.0%	83.2%	86.9%	^	83.5%	84.8%	85.5%	83.8%	81.8%	84.5%	82.7%	84.6%	80.0%	84.6%	80.2%	84.6%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

When you use the Internet, do your parents usually know what you do online? (qn145)																
Percentage of students who answered 'Yes'																
State Average:	Total					Female					Male					
	51.9%					54.8%					48.8%					
By Grade:	7th								8th							
	55.4%								48.6%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	59.3%				51.3%				50.5%				46.6%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

During an average week, how many hours do you spend in clubs or organizations (other than sports) outside of regular school hours? (qn146)																	
Percentage of students who answered at least 1 hour																	
State Average:		Total 45.6%					Female 50.5%					Male 40.8%					
By Grade:		7th 45.4%								8th 45.5%							
By Gender, Within Grade:		Female, 7th 49.9%				Male, 7th 40.9%				Female, 8th 51.0%				Male, 8th 40.2%			
Public Health District:		Aroostook 45.3%		Central 42.5%		Cumberland 50.3%		Downeast 42.7%		Mid-Coast 45.1%		Penquis 45.0%		Western 42.1%		York 47.5%	
County:		Andr 42.5%	Aroo 45.3%	Cumb 50.3%	Fran ^	Hanc 46.9%	Kenn 45.7%	Knox 47.9%	Linc 46.2%	Oxfo 40.2%	Peno 44.8%	Pisc 46.4%	Saga 46.2%	Some 37.6%	Wald 40.3%	Wash 36.0%	York 47.5%

During an average week, approximately how many hours do you typically spend doing community service - helping people in the community without getting paid? (qn147)																	
Percentage of students who answered at least 1 hour																	
State Average:		Total 31.9%					Female 34.3%					Male 29.4%					
By Grade:		7th 32.7%								8th 31.0%							
By Gender, Within Grade:		Female, 7th 35.4%				Male, 7th 29.9%				Female, 8th 33.4%				Male, 8th 28.7%			
Public Health District:		Aroostook 32.4%		Central 29.4%		Cumberland 33.9%		Downeast 30.8%		Mid-Coast 34.1%		Penquis 29.5%		Western 29.0%		York 34.6%	
County:		Andr 27.4%	Aroo 32.4%	Cumb 33.9%	Fran ^	Hanc 28.1%	Kenn 31.7%	Knox 34.2%	Linc 36.0%	Oxfo 28.4%	Peno 29.3%	Pisc 30.8%	Saga 32.0%	Some 25.8%	Wald 34.8%	Wash 34.9%	York 34.6%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
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Do you agree or disagree that in your community, you feel like you matter to people? (qn148)																	
Percentage of students who answered 'Strongly agree' or 'Agree'																	
State Average:		Total 51.6%					Female 51.8%					Male 51.2%					
By Grade:		7th 53.5%					8th 49.6%										
By Gender, Within Grade:		Female, 7th 54.7%				Male, 7th 52.3%				Female, 8th 49.0%				Male, 8th 50.1%			
Public Health District:		Aroostook 58.3%		Central 49.1%		Cumberland 53.5%		Downeast 52.5%		Mid-Coast 50.8%		Penquis 50.2%		Western 49.5%		York 52.1%	
County:		Andr 49.2%	Aroo 58.3%	Cumb 53.5%	Fran ^	Hanc 50.6%	Kenn 49.5%	Knox 50.5%	Linc 48.6%	Oxfo 47.7%	Peno 50.5%	Pisc 48.5%	Saga 52.0%	Some 48.5%	Wald 52.0%	Wash 55.1%	York 52.1%

How often do you accept people who are different from you? (qn149)																	
Percentage of students who answered 'Most of the time' or 'Always'																	
State Average:		Total 74.9%					Female 80.6%					Male 69.4%					
By Grade:		7th 75.3%					8th 74.9%										
By Gender, Within Grade:		Female, 7th 80.4%				Male, 7th 70.2%				Female, 8th 81.0%				Male, 8th 68.9%			
Public Health District:		Aroostook 73.7%		Central 72.4%		Cumberland 78.1%		Downeast 72.6%		Mid-Coast 75.2%		Penquis 73.3%		Western 73.2%		York 76.4%	
County:		Andr 74.1%	Aroo 73.7%	Cumb 78.1%	Fran ^	Hanc 71.8%	Kenn 73.4%	Knox 78.3%	Linc 75.3%	Oxfo 69.8%	Peno 73.8%	Pisc 70.1%	Saga 74.4%	Some 70.9%	Wald 73.5%	Wash 74.2%	York 76.4%

QNFDPFD																
Parental Attitudes Favorable to Drug Use Scale -- High Risk																
State Average:	Total					Female					Male					
	37.8%					35.3%					40.1%					
By Grade:	7th								8th							
	0.0%								37.8%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	0.0%				0.0%				35.3%				40.1%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	37.3%		40.7%		34.8%		36.9%		36.1%		39.6%		37.4%		40.0%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	33.9%	37.3%	34.8%	^	37.0%	36.7%	29.1%	40.3%	40.2%	39.8%	37.9%	36.5%	46.4%	36.1%	36.9%	40.0%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
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QNPRPRD																
Perceived Risk From Drug Use Scale -- High Risk																
State Average:		Total					Female					Male				
		37.0%					32.7%					40.9%				
By Grade:		7th					8th									
		0.0%					37.0%									
By Gender, Within Grade:		Female, 7th				Male, 7th				Female, 8th				Male, 8th		
		0.0%				0.0%				32.7%				40.9%		
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	36.1%		41.5%		34.2%		42.5%		34.8%		35.3%		39.4%		36.6%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	37.6%	36.1%	34.2%	^	49.5%	38.3%	39.9%	37.1%	43.1%	35.4%	33.6%	25.1%	46.3%	40.9%	34.9%	36.6%

QNOWT																
Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT																
State Average:	Total					Female					Male					
	15.6%					13.8%					17.3%					
By Grade:	7th								8th							
	15.2%								16.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	12.8%				17.4%				14.7%				17.4%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

QNOBESE																
Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) -- SELF-REPORTED HEIGHT/WEIGHT																
State Average:	Total					Female					Male					
	10.1%					6.2%					13.7%					
By Grade:	7th								8th							
	9.2%								10.7%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	6.7%				11.4%				5.6%				15.4%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

QNFRUIT																
Percentage of students who drank 100% fruit juice and/or ate fruit two or more times per day during the past seven days																
State Average:	Total					Female					Male					
	33.1%					33.0%					33.0%					
By Grade:	7th								8th							
	33.3%								32.9%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	33.8%				32.6%				32.5%				33.2%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	31.0%		31.6%		37.9%		33.6%		35.5%		29.2%		29.5%		33.2%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	28.6%	31.0%	37.9%	^	36.2%	34.2%	41.0%	35.2%	30.1%	29.1%	28.8%	34.0%	27.9%	33.4%	29.8%	33.2%

QNVEG																
Percentage of students who ate vegetables three or more times per day during the past seven days																
State Average:	Total					Female					Male					
	12.1%					12.3%					11.7%					
By Grade:	7th								8th							
	12.5%								11.4%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	12.8%				12.3%				11.8%				10.8%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	11.3%		11.9%		12.9%		12.6%		12.1%		12.0%		11.9%		11.3%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	11.7%	11.3%	12.9%	^	14.1%	13.1%	13.7%	13.2%	11.2%	11.3%	16.8%	9.9%	10.2%	12.4%	10.4%	11.3%

QNFRVG																
Percentage of students who drank 100% fruit juice, ate fruit and/or ate vegetables five or more times per day during the past seven days																
State Average:	Total					Female					Male					
	19.0%					18.8%					19.0%					
By Grade:	7th								8th							
	19.4%								18.3%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	19.5%				19.4%				18.2%				18.4%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	17.7%		18.9%		22.3%		20.3%		20.1%		15.9%		17.1%		17.6%	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	16.7%	17.7%	22.3%	^	22.6%	21.9%	23.2%	22.3%	16.8%	15.3%	19.6%	17.6%	14.4%	18.8%	17.3%	17.6%

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**2009 MAINE INTEGRATED YOUTH HEALTH SURVEY**  
**Middle School Survey**

QNDLYPE																		
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school																		
State Average:		Total					Female					Male						
		12.3%					11.4%					13.2%						
By Grade:		7th					8th											
		14.8%					10.1%											
By Gender, Within Grade:		Female, 7th					Male, 7th					Female, 8th					Male, 8th	
		14.2%					15.6%					9.0%					11.1%	
Public Health District:	Aroostook	Central			Cumberland		Downeast		Mid-Coast		Penquis		Western		York			
	*	*			*		*		*		*		*		*			
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York		
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*		

QNDISAB																
Percentage of students who have a disability																
State Average:	Total					Female					Male					
	21.9%					20.5%					22.8%					
By Grade:	7th								8th							
	19.9%								23.1%							
By Gender, Within Grade:	Female, 7th				Male, 7th				Female, 8th				Male, 8th			
	18.8%				20.9%				21.6%				24.2%			
Public Health District:	Aroostook		Central		Cumberland		Downeast		Mid-Coast		Penquis		Western		York	
	*		*		*		*		*		*		*		*	
County:	Andr	Aroo	Cumb	Fran	Hanc	Kenn	Knox	Linc	Oxfo	Peno	Pisc	Saga	Some	Wald	Wash	York
	*	*	*	^	*	*	*	*	*	*	*	*	*	*	*	*

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